

San Lorenzo USD

Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
002199	bar, apple cinnamon oat	YES	YES	NO	NO	NO	NO	NO	YES
002182	Beef Teriyaki (CK) With Rice	NO	NO	NO	NO	NO	NO	YES	YES
000956	Bread, Garlic Cheese Toast	YES	NO	NO	NO	NO	NO	YES	YES
002211	Breadstick, Garlic	YES	NO	NO	NO	NO	NO	YES	YES
001399	Breakfast Bar, BananaChocChunk	YES	YES	NO	NO	NO	NO	YES	YES
001623	Breakfast Bar, Whole Wheat	YES	YES	NO	NO	NO	NO	YES	YES
001414	Breakfast Bites, Apple MiniBun	YES	YES	NO	NO	NO	NO	YES	YES
000569	Burrito, Bean & Cheese Fiesta	YES	NO	NO	NO	NO	NO	YES	YES
001659	Cheese nachos	YES	NO	NO	NO	NO	NO	YES	NO
002209	Cheese Pull Apart Bread	YES	NO	NO	NO	NO	NO	NO	YES
001564	Chicken Drumstick	NO	NO	NO	NO	NO	NO	NO	YES
001849	Chicken Drumstick w/Biscuit	YES	NO	NO	NO	NO	NO	NO	YES
000845	Chicken Nuggets, W/G	NO	YES	NO	NO	NO	NO	YES	YES
000046	Chicken Poppcorn w/Rice	YES	NO	NO	NO	NO	NO	YES	YES
001708	Corn Dog, Turkey, W/G	YES	YES	NO	NO	NO	NO	YES	YES
000070	Cornbread, Loaf	YES	YES	NO	NO	NO	NO	NO	YES
000190	Cracker, Assorted	YES	NO	NO	NO	NO	NO	NO	YES
001221	Cracker, Goldfish Cheddar	YES	NO	NO	NO	NO	NO	NO	YES
001174	Cracker, Goldfish Pretzel	YES	NO	NO	NO	NO	NO	NO	YES
002194	Fried Rice, Chicken	NO	NO	NO	NO	NO	NO	YES	YES
001906	MACARONI AND CHEESE_USDA	YES	NO	NO	NO	NO	NO	NO	YES
000350	Muffin, Apple Cinnamon, W/G	YES	YES	NO	NO	NO	NO	NO	YES
000955	Muffin, Blueberry, W/G	YES	YES	NO	NO	NO	NO	NO	YES
002143	Muffin, Sweet Potato Choc Chip	YES	YES	NO	NO	NO	NO	NO	YES
002165	Pastry Bear Paw Strawberry	NO	YES	NO	NO	NO	NO	YES	YES
000185	Pizza, Cheese 3.2x5, W/G	YES	NO	NO	NO	NO	NO	YES	YES
001625	Pocket, Chiminada	YES	NO	NO	NO	NO	NO	YES	YES
002049	Pocket, Taco MiniNada	YES	NO	NO	NO	NO	NO	YES	YES
002183	Pot Roast w/Mash Potato	YES	NO	NO	NO	NO	NO	YES	YES
001453	Roll, Aloha, whole wheat	NO	NO	NO	NO	NO	NO	YES	YES
001100	Sandwich, BirdChick on Bun	YES	YES	NO	NO	NO	NO	YES	YES
002082	Sandwich, Breakfast Beef Sausa	NO	YES	NO	NO	NO	NO	YES	YES
002040	SPAGHETTI AND MEAT SAUCE	NO	NO	NO	NO	NO	NO	NO	YES
000037	Taco Stick, Beef & Cheese	YES	NO	NO	NO	NO	NO	YES	YES
002208	Taco, chicken mini	YES	NO	NO	NO	NO	NO	YES	YES
001448	Turkey & Gravy w/pot (R&S)	YES	NO	NO	NO	NO	NO	YES	YES
002132	Waffles with Sausage	YES	YES	NO	NO	NO	NO	YES	NO
001984	Yogurt (8oz) w/Cracker (2)	YES	NO	NO	NO	NO	NO	NO	YES
000218	Yogurt - Yami (bfast)	YES	NO	NO	NO	NO	NO	NO	YES

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.