

# San Lorenzo USD

## Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000663	Bagel, Blueberry w/Cheese	YES	NO	NO	NO	NO	NO	NO	YES
000324	Bread, Texas Toast Garlic	YES	NO	NO	NO	NO	NO	YES	YES
002211	Breadstick, Garlic	YES	NO	NO	NO	NO	NO	YES	YES
001399	Breakfast Bar, BananaChocChunk	YES	YES	NO	NO	NO	NO	YES	YES
001414	Breakfast Bites, Apple MiniBun	YES	YES	NO	NO	NO	NO	YES	YES
002078	Burrito, Beef, Bean, Cheese	YES	NO	NO	NO	NO	NO	YES	YES
000968	Cereal Honey Nut Scooters	NO	NO	NO	NO	NO	NO	NO	YES
001395	Cereal, Bowlpk Mini Spooners	NO	NO	NO	NO	NO	NO	NO	YES
000609	Cheese Bites w/Marinara	YES	NO	NO	NO	NO	NO	YES	YES
001659	Cheese nachos	YES	NO	NO	NO	NO	NO	YES	NO
000992	CHEESEBURGER ON A BUN	YES	NO	NO	NO	NO	NO	YES	YES
001849	Chicken Drumstick w/Biscuit	YES	NO	NO	NO	NO	NO	NO	YES
002066	Chicken Popcorn w/Texas Toast	YES	YES	NO	NO	NO	NO	YES	YES
001129	Chicken Tenderloins, WG	NO	YES	NO	NO	NO	NO	YES	YES
001708	Corn Dog, Turkey, WG	YES	YES	NO	NO	NO	NO	YES	YES
002184	Cracker Variety	YES	NO	NO	NO	NO	NO	YES	YES
000193	Cracker, Cheez-Its	YES	NO	NO	NO	NO	NO	YES	YES
001221	Cracker, Goldfish Cheddar	YES	NO	NO	NO	NO	NO	NO	YES
001174	Cracker, Goldfish Pretzel	YES	NO	NO	NO	NO	NO	NO	YES
000487	FRENCH FRIES: oven heat	NO	NO	NO	NO	NO	NO	NO	NO
002215	Mandarin Chicken w/Chow Mein	NO	YES	NO	NO	NO	NO	YES	YES
002214	Mandarin Chicken w/rice	NO	YES	NO	NO	NO	NO	YES	YES
000350	Muffin, Apple Cinnamon, WG	YES	YES	NO	NO	NO	NO	NO	YES
000955	Muffin, Blueberry, WG	YES	YES	NO	NO	NO	NO	NO	YES
002165	Muffin, Sweet Potato Choc Chip	YES	YES	NO	NO	NO	NO	NO	YES
002204	Pesto Pasta (HS)	NO	NO	NO	NO	NO	NO	YES	NO
002075	Pizza, Big Daddy slice (pepp)	YES	NO	NO	NO	NO	NO	YES	YES
000934	Pizza, FrenchBread, Veggie	YES	NO	NO	NO	NO	NO	YES	YES
001769	Pizza, Primo Pepperoni, 6 cut	YES	NO	NO	NO	NO	NO	YES	YES
002049	Pocket, Taco MiniNada	YES	NO	NO	NO	NO	NO	YES	YES
001100	Sandwich, BrdChick on Bun	YES	YES	NO	NO	NO	NO	YES	YES
002082	Sandwich, Breakfast Beef Sausa	NO	YES	NO	NO	NO	NO	YES	YES
002107	Sandwich, Brkfst Beef Maple	NO	NO	NO	NO	NO	NO	YES	YES
000868	Sandwich, PB&J	NO	NO	YES	NO	NO	NO	YES	YES
001834	Sandwich, Submarine	YES	NO	NO	NO	NO	NO	YES	YES
000037	Taco Stick, Beef & Cheese	YES	NO	NO	NO	NO	NO	YES	YES
002206	Taco, crunchy shell, turkey	NO	NO	NO	NO	NO	NO	YES	NO
002210	Tamale, Bean/Cheese w/refried	YES	NO	NO	NO	NO	NO	NO	NO
002181	Teriyaki Beef Dippers (HS)	NO	NO	NO	NO	NO	NO	YES	YES
002156	Turkey & Gravy w/pot (CntrcHS)	?	?	?	?	?	?	?	?
002132	Waffles with Sausage	YES	YES	NO	NO	NO	NO	YES	YES
001984	Yogurt (8oz ) w/Cracker (2)	YES	NO	NO	NO	NO	NO	NO	YES

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**